# Coast to Coast with Guest Chef Alex Chen

Three Night Stay (August 28 – 31, 2019) Available Summer Season



Fogo Island Inn welcomes Vancouver-based guest **Chef Alex Chen** for an exploration of Canada's culinary landscape spanning the west coast to the northeast coast (August 28 - 31, 2019).

A classically trained chef with a true taste for high-pressure culinary competitions, Chef Chen's Vancouver, BC.-based **Boulevard Kitchen & Oyster Bar** was recently named Best Upscale and Best Seafood restaurant in the 2018 Vancouver Magazine Restaurants Awards, in which Chef Chen also received the prestigious Chef of the Year title. His visit to Fogo Island brings the Pacific to the North Atlantic for a culinary collaboration with the Inn's Executive Chef Jonathan Gushue. Fish in Newfoundland means one thing—cod, and guests will have the chance to embark on a marine excursion to handline for the humble fish that changed the world. A true outport

adventure, the experience will allow visitors to connect with Fogo Island's traditional foodways and participate in the fishery that has shaped Island lives and culture for generations.

The **Coast to Coast** itinerary includes all meals in the Inn's Dining Room, an Island Orientation with a Community Host, a half-day fishing expedition handlining for cod, and full use of the Inn's facilities. A three-night minimum applies. To reserve, call International reservations at **+1 709 658 344**, US & Canada reservations at **+1 855 268 9277** or email <a href="mailto:reservations@fogoislandinn.ca">reservations@fogoislandinn.ca</a>

## **Sample 3-Night Itinerary**

## **DAY 1 - August 28, 2019**

### **ARRIVAL**

Arrive on Fogo Island and allow the Island to reveal itself on the drive through outport communities as you make your way off to your refuge, Fogo Island Inn. Take time to make time and revel in the natural beauty found around every bend.

Check into Fogo Island Inn, a traditional yet contemporary masterpiece of modern architecture and design. The Inn was named as Travel + Leisure's Best Resort Hotel in Canada, 2017-2018, among the country's best hotels from coast to coast.

6PM

Welcome reception with Chef Alex Chen in the Lounge.

**SUPPER** 

Supper is served in the Dining Room. Enjoy the abundant offerings brought to our shores

by the Labrador Current while the waves of the Atlantic crash just beyond your table setting.

LATE EVENING

Relax to the sounds of live local musicial entertainment in the Lounge.

## **DAY 2 - August 29, 2019**

### **DAYBREAK**

Wake up and meet the day with a special little surprise just outside your door: our Daybreak Tray featuring tea or coffee, and warm pastries.

#### 7-10 AM

Breakfast is served in the Dining Room at your leisure.

#### 10:30 AM

Meet your Community Host in the Lobby for your Island Orientation. Be prepared for fresh perspectives and insights, stories and laughter during your half-day outing being led in your discovery of this "salty Narnia" by the people of the place, whose sense of self comes from deep historical ties to landscape and seascape.

### 12 - 2 PM

Take a well-earned break over lunch— a traditional Island boil-up or picnic on the rocks by the cooling waves of the North Atlantic just a stone's throw away.

#### **AFTERNOON**

Fish & Ships: Meet with local fishermen aboard a docked fishing vessel to gain an understanding of Fogo Island's fishing industry, past and present.

### **EVENING** Collaborative supper with Executive Chef

Jonathan Gushue and guest Chef Alex Chen featuring the tastes of the sea from coast to

coast.

## LATE EVENING Follow your fancy as the day winds to a

close: rest up body and soul beside a wood-burning fireplace in the Library or Lounge, or take a dip in the rooftop hot

tubs and sauna.

## **DAY 3- August 30, 2019**

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**7–10 AM** Breakfast is served in the Dining Room at

your leisure.

**10:00 AM**Try your hand at the handline fishing method

from a traditional Newfoundland skiff, experiencing cod fishing as it was done in

the 19th century.

**DINNER (LUNCH)** Lunch is served back at the Inn at your

leisure.

**AFTERNOON** Stop by Growlers for an icy treat—featuring

locally-crafted, regionally-inspired ice cream in favourite flavours like partridgeberry jam

tart, caramel, and jam-jam cookie.

LATE AFTERNOON Meet a local boatbuilder who is keeping

the tradition alive while entertaining you with not only his special building techniques, but his accounts of life lived between wind and

water.

**SUPPER** Supper is served back in the Dining Room at

your leisure.

**EVENING** Retreat to the in-house Cinema for a special

screening of *Cranky*, the documentary film produced by Christopher Richardson featuring Fogo Island's traditional wooden punts and the legendary annual Punt Race to

There and Back.

**DAY 4 – August 31, 2019** 

**DAYBREAK** Enjoy your Daybreak Tray from the comfort

of your room. Linger.

**7 – 10 AM** Fortify yourself with a farewell breakfast

served in the Dining Room.

**DEPARTURE** Depart the Inn for your journey homewards.

### **Contact**

International Reservations at **+1 705 658 3444**, US & Canada Reservations at **+1 855 268 9277**, or email <a href="mailto:reservations@fogoislandinn.ca">reservations@fogoislandinn.ca</a>