Cool It! On Fogo Island

3 Night Stay Available Summer & Berry Season (August & September 2019)



As August turns to September, those looking to beat the heat make their way to Fogo Island. The North Atlantic's salt air takes the edge off of summer's swelter, and the blue-green of the ocean surface is the very embodiment of chill for harried city-dwellers seeking a cool getaway full of warm Newfoundland hospitality. Fogo Island is the place for calm, cool and collected breezes, where one can readily cultivate that cool state of mind.

The **Cool It! On Fogo Island** package includes: all meals, an Island Orientation with a Community Host, hikes and outdoor excursions, and full use of the Inn's facilities. To reserve, call International Reservations at **709 658 3444**, US & Canada Reservations at **+1 855 268 9277**, or email <u>reservations@fogoislandinn.ca</u>

Sample 3-Night Itinerary

DAY 1

ARRIVAL	Arrive on Fogo Island and allow the Island to reveal itself on the drive through outport communities as you make your way off to your cooling refuge, Fogo Island Inn. Take time to make time and revel in the natural beauty found around every bend.
	Check into Fogo Island Inn, a traditional yet contemporary masterpiece of modern architecture and design. The Inn was named as Travel + Leisure's Best Resort Hotel in Canada, 2017-2018, among the country's best hotels from coast to coast.
SUPPER	Supper is served in our Dining Room. Enjoy the abundant offerings brought to our shores by the Labrador Current while the waves of the Atlantic crash just beyond your table setting.
LATE EVENING	Relax to the sounds of live local musicial entertainment in the Lounge.
DAY 2	
DAYBREAK	Wake up and meet the day with a special little surprise just outside your door: our Daybreak Tray featuring tea or coffee, and warm pastries.

7–10 AM	Breakfast is served in the Dining Room at your leisure.
10:30 AM	Meet your Community Host in the Lobby for your Island Orientation. Be prepared for fresh perspectives and insights, stories and laughter during your half-day outing being led in your discovery of this "salty Narnia" by the people of the place, whose sense of self comes from deep historical ties to landscape and seascape.
12 – 2 PM	Take a well-earned break over lunch— a traditional Island boil-up or picnic on the rocks as the cooling waves of the North Atlantic crash just a stone's throw away.
AFTERNOON	Spend the afternoon making tracks on a self- guided tour of the Back Western Shore just beyond the Inn. Wild foods, edible plants, the season's edible berries dot the landscape, as you amble along the coastline to the sounds and smells of the sea. The natural treasures of Fogo Island await on the Inn's doorstep.
EVENING	Return to the Inn and enjoy supper served in the Dining Room, where the provenance of every menu is inspired by the seasonal taste of the outport terroir. Everything coming out of the kitchen is intended to feed more than your hunger.
LATE	
EVENING	Follow your fancy as the day winds to a close: rest up body and soul beside a wood-burning fireplace or with a dip in the rooftop hot tubs.

DAY	3
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DAYBREAK	Greet the morning with your Daybreak Tray.
7–10 AM	Breakfast is served in the Dining Room at your leisure.
10:30 AM	Meet a local boatbuilder who is keeping the tradition alive while entertaining you with not only his special building techniques, but his accounts of life lived between wind and water. Or, meet with local fishermen aboard a docked fishing vessel to gain an understanding of Fogo Island's fishing industry past and present.
12 – 2 PM	(Dinner) lunch is served back at the Inn at your leisure.
AFTERNOON	Stop by Growlers for an icy treat—featuring locally-crafted, regionally-inspired ice cream in favourite flavours like partridgeberry jam tart, caramel, and jam-jam cookie.
LATE AFTERNOON	Embark on a breezy coastal hike to Joe Batt's Point, past the Fogo Island Arts' Long Studio and culminating in a visit to the Great Auk—the bronze sculpture created by artist Todd McGrain as part of his Lost Birds Project. The statue gazes out to the neighboring Funk Island, the traditional nesting spot of the tragically-extinct species, now home to a large variety of seabirds.

SUPPER	Supper is served back in the Dining Room at your leisure.
EVENING	Retreat to the in-house Cinema for a special screening of <i>Cranky</i> , the documentary film produced by Christopher Richardson featuring Fogo Island's traditional wooden punts and the legendary annual Punt Race to There and Back.
DAY 4	
DAYBREAK	Enjoy your Daybreak Tray from the comfort of your room. Linger.
7 – 10 AM	Fortify yourself with a farewell breakfast served in the Dining Room.
DEPARTURE	Depart the Inn for your journey homewards.

Contact

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