

For the Love of Cod

**Available Berry Season
(September and October)**



Fish in Newfoundland means one thing—Cod, the humble fish that changed the world. Fogo Island Inn's **For the Love of Cod** itinerary is a marine experience that invites visitors to connect with the island's traditional foodways and participate in a fishery that has shaped lives and culture for generations. Guests of all ages will have the rare opportunity to fish for cod on the North Atlantic from a nimble but sturdy skiff—a true outpost adventure in which to orient themselves to old ways and new ways through the fishery, art, architecture, design, and food. Guests who wish to complement their fishing expedition with a traditional ocean-to-table outpost boil-up featuring the day's catch, may also reserve time with a Community Host.

The **For the Love of Cod** itinerary includes all meals in the Inn's Dining Room, an Island Orientation with a Community Host, a half-day fishing expedition with a lesson in cod fishing, and full use of the Inn's facilities. A three-night minimum applies. To reserve, call International reservations at **+1 709 658 344**, US & Canada reservations at **+1 855 268 9277** or email reservations@fogoislandinn.ca

DAY 1

AFTERNOON

Arrive on Fogo Island and while en route to Fogo Island Inn take a 30-minute drive through scenic outport communities, built on Newfoundland fishery. Take time to make time for the natural beauty of North Atlantic landscapes and seascapes around every bend.

Check into Fogo Island Inn; a traditional yet contemporary masterpiece of modern architecture and design. The Inn's inviting staff will be delighted to escort you to your room where you will find sweeping views of sea and sky through your floor-to-ceiling windows.

LATE AFTERNOON

Community Host Island Orientation by car and foot. Be prepared for fresh perspectives and insights; stories and laughter during your half-a-day outing with one of Fogo Island Inn's community hosts. Allow yourself to be oriented to this "salty Narnia" by the people of the place, who have retained their intellectual heritage and whose sense of self comes from a deep historical sense of landscape and seascape; people who are profoundly at home on this "edge of the known".

Your Island Orientation is tailored specifically to your interests and needs-expect to drive, walk, listen, share, and laugh in experiencing the old and the new; the tangible and intangible heritage of this 400-year-old culture that has emerged on this island in the North Atlantic.

EVENING

Join us for supper in the Dining Room to enjoy a 3-course "Bounty of the Sea" supper featuring locally sourced produce, fish, and game while waves crash on the undisturbed shoreline just beyond your tablesetting.

LATE EVENING

After supper enjoy local music in the Lounge or unwind in the rooftop saunas and hot tubs for an infinite starry views into the horizon.

DAY 2

DAYBREAK

Greet the sun as she rises from the ocean and find a handmade wooden Daybreak Tray outside your door filled with coffee, tea and fresh pastries. Linger.

MORNING

Breakfast served in the Dining Room at your leisure.

10AM

Depart on a true Fogo Island marine excursion with Captain Ane Emberley and crew from the comfort and safety of the MV Ketanja. View Fogo Island Inn from the ocean before continuing to Little Fogo Islands to capture the beauty of the landscape, populated by puffins, murres, turrs and razorbills.

If the seas are favorable, dock in Wadham's Harbour and hike to the lookout. Visit St. Anne's Church, built in the early 1800's, and see the remains of the fishing stages and houses of Fogo Island's ancestors.

On the way back, enjoy an event that has shaped Newfoundland's culture and society for generations; catching a cod. Be part of Newfoundland's Recreational Cod Fishery (specific dates in season) in which thousands of Newfoundlanders participate each year. Once you have caught the day's quota, watch as a skilled guide fillets the fish from the comfort of the boat.

Alternatively, try fishing from a traditional Newfoundland skiff to experience cod fishing as it was done in the 19th century. This excursion will take place in sheltered waters and offers an intimate traditional seafaring experience for two guests and an experienced and knowledgeable seafaring Community Host.

DINNER (LUNCH)

Return to Fogo Island Inn for lunch in the Dining Room.

AFTERNOON

Spend the afternoon making tracks on a self-guided tour of the Back Western Shore beyond the Inn. Forage for edible plants and pick wild berries while enjoying the sounds and smells of the sea. The natural treasures of Fogo Island await.

EVENING

Fogo Island Inn's Executive Chef Jonathan Gushue serves up a decadent menu featuring a special guest—cod, the heart and soul of Newfoundland culinary tradition.

**LATE
EVENING**

Convene to the Inn's Cinema for a screening of "Cranky," a documentary produced by Christopher Richardson featuring the punts of Fogo Island and their legendary Punt Race To There and Back.

DAY 3

DAYBREAK

A Daybreak Tray awaits outside your door filled with coffee, tea and fresh pastries.

7-10AM

Breakfast served in the Dining Room at your leisure.

MORNING

Amble along a coastal walk, letting the direction of the wind help you decide where to go as you follow one of Fogo Island's 200 km of hiking trails.

**DINNER
(LUNCH)**

Lunch served in the Dining Room at your leisure.

2:30PM

Embark on a tour of the Fogo Island Shop—the restored Society of United Fisherman (SUF) Hall where woodworkers build the Inn's distinctive furniture pieces.

Visit the Winds and Waves Artisan's Guild featuring quilts and handmade goods produced by local craftspeople from Fogo Island and the surrounding communities.

SUPPER

Enjoy supper served in the Dining Room, where the provenance of every menu is inspired by the seasonal taste of the outport terroir. Everything coming out of the kitchen is intended to feed more than your hunger.

LATE EVENING

Enjoy the amenities of the Inn: relax with a book in the Library, enjoy a cocktail in the Lounge incorporating our native Island berries and shoreline ingredients, or take in the exhibit currently on display at the Fogo Island Gallery.

DAY 4

DAYBREAK

A Daybreak Tray awaits outside your door filled with coffee, tea and fresh pastries. Linger.

MORNING

Fortify yourself for the journey homeward with a farewell breakfast served in the Dining Room at your leisure.

Depart Fogo Island Inn for the ferry or nearby landing strip.

To secure your booking, please call Reservations direct at **709-658-3444** or toll free at **855-268-9277** or email reservations@fogoislandinn.ca

An Anonymous Rhyme:

*The codfish lays a thousand eggs
The homely hen lays one
The codfish never cackles
To tell you what she's done
And so we scorn the
codfish
While the humble hen we prize
Which only goes to show you
That it pays to advertise*