

Icy Adventures on Fogo Island

**A limited engagement weekend of winter excursions
and outdoor adventures with one of the world's
leading explorers and adventurers:**

Dr. TA Loeffler

***Available Pack Ice Season
(March 29 - April 1, 2019)***



Fogo Island's still-wild world is a paradise for adventurers. The Island's frozen bogs, barrens, shorelines and hills are ideal for crawling, climbing, jumping, hiking, and trekking and enjoying the sheer simplicity of being outside. It's tempestuous, it's real and it's absolutely still - just what you'd hope to find at the edge of the North American continent. Lauded explorer Dr. TA Loeffler will lead your discovery of this singular place over the last weekend of March 2019.

Dr. TA Loeffler has 30 years of experience leading people through life-changing excursions. Her travels have taken her to 52 countries and all seven continents. TA has impressively completed six (and four-fifths) of the Seven Summits—the highest peaks on all seven

continents. In 2015, *Canadian Geographic* named Dr. TA Loeffler one of “Canada’s Greatest Explorers.”

*The full board, three-night itinerary for an **Icy Adventures on Fogo Island** stay includes: all meals, an Island Orientation with a Community Host, and a range of outdoor activities and excursions led by Dr. TA Loeffler. Family suites are available. To secure your stay, call International Reservations at **+1 709 658 3444**, US & Canada Reservations at **+1 855 268 9277** or email reservations@fogoislandinn.ca*

Sample 3-Night Itinerary

DAY 1 - Orientation - Friday, March 29, 2019

AFTERNOON

Arrive on Fogo Island and allow the Island to reveal itself on the drive through outport communities as you make your way off to your refuge, Fogo Island Inn. Take time for exploration.

Check into Fogo Island Inn, a traditional yet contemporary masterpiece of modern architecture and design. The Inn was named as Travel & Leisure’s Best Resort Hotel in Canada, 2017 and 2018 - among the country’s best hotels from coast to coast.

Meet award-winning educator, speaker, and explorer Dr. TA Loeffler for an orientation to the weekend’s adventures before supper.

7PM

Welcome reception in the lounge hosted by Dr. TA Loeffler.

7:30PM

Supper is served in the Dining Room. Our kitchen team will prepare a menu of locally sourced produce, fish, and game while the waves of the Atlantic crash just beyond your table setting.

**LATE
EVENING**

After supper, relax in the Lounge to the sounds of live local musical entertainment.

DAY 2 - Orientation - Saturday, March 30, 2019

DAYBREAK

Greet the sun as she rises and find a handmade wooden Daybreak Tray outside your door filled with coffee or tea and fresh pastries. Linger.

7-10AM

Breakfast is served in the Dining Room at your leisure.

10:30-3PM

Accompany Dr. TA Loeffler and your Community Host on an invigorating snowshoe trek to Fogo Island's magnificent interior. Everywhere you will find breathtaking views of Fogo Island's frozen inland landscapes. Look out for winter wildlife including snowy owls, eagles, foxes, coyotes, and caribou. Along the way, we may make time for other favourite winter pastimes such as snowshoeing, winter hiking, ice fishing, and traditional cabin visits. There is nothing like some time out in the fresh frozen air to work up an appetite.

1PM

Warm up by a crackling fire of spruce boughs as your Community Host prepares a traditional Fogo Island boil-up for lunch.

LATE AFTERNOON

After a full day of adventuring, take in the comforts of the Inn itself: rooftop saunas and outdoor hot tubs, the cozy Heritage Library, and the in-house Cinema are all yours to revel in.

5:30PM

Join Dr. TA Loeffler in the Cinema for a presentation: **TA's Icy Adventures in the Arctic**. Though TA is most famous for her mountainous exploits, she entertains with images and stories of her numerous excursions, from skiing across Greenland, climbing North America's highest summit, and paddling a canoe over 3000 kilometers to the Arctic Circle.

SUPPER

Supper is served in the Dining Room, where the provenance of every meal is inspired by the seasonal tastes of the outpost terroir. Everything coming out of the kitchen is intended to feed more than your hunger.

EVENING

After supper, unwind in the rooftop hot tubs or wood-fired sauna. Pause for a view of the infinite, dizzying night sky. Be reminded that nature is truly eternal.

DAY 3 - Survival - Sunday, March 31, 2019

DAYBREAK

Start the day with a Daybreak Tray of hot drinks and freshly baked treats just outside your door.

7-10AM

Breakfast is served at your leisure in the Dining Room, overlooking the wild North Atlantic.

MORNING

Head out with Dr. TA Loeffler and Outdoor Adventure Guide PJ Decker on a wintery mission along one of our beautiful trails for a first-hand view of Fogo Island's majestic beauty. Perched in the Labrador Current, March brings with it multi-year pack ice to our shores. Learn about pack ice along with age-old survival techniques for enduring harsh climates and high winds.

DINNER (LUNCH)

Defrost and have lunch served back at the Inn in the Dining Room.

AFTERNOON

Head back outdoors to partake in the types of winter pursuits that make you feel like a kid again: tobogganing down hills of dazzling white snow, ice skating on frozen ponds, or boring holes in the ice to catch pond trout swimming below the frozen surface.

SUPPER

Supper is served in the Dining Room at your leisure.

EVENING

Retreat to the Lounge for a warm beverage, sit by a roaring fire in the Library, or simply retire to your room to unwind.

DAY 4 - Farewell - Monday, April 1, 2019

DAYBREAK

Meet another day with your Daybreak Tray. Ease into the morning gradually.

7-10AM

Farewell breakfast at your leisure in the Dining Room.

DEPARTURE

Prepare for your departure from the Inn and the journey homeward.

As a Professor of Outdoor Recreation at Memorial University of Newfoundland, [Dr. TA Loeffler](#) has developed a reputation for excellence in experiential education. Her students are more likely to be outside chasing icebergs than sitting in a classroom. TA inspires hope and vision in those whose lives she touches.

Contact

For Further Information:

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