

## Seven Seasons of Solo Travel on Fogo Island

*All Seasons*  
*Stay two nights, three nights, or more*



Retreat in solitude and reconnect with yourself, here, at one of the four corners of the Earth. Fogo Island is one of the safest places for solo travel, and is a haven for those looking to forge their own paths over the 420-million-year-old rocks, commune with nature and culture, and uncover fresh perspectives through new relationships made with the people of this place. Solitary explorers seeking an otherworldly sense of repose will find quiet contemplation amidst landscapes that often feel like another planet.

Solo adventurers will find themselves in a still-wild world: clambering along ancient coastlines, following animal tracks through snow or along beaches, and traipsing across the 200 km of paths, routes, and trails that criss-cross the Island. Depending on the season, wander the hills picking berries (you won't have to share), snowshoe across blindingly white barrens, or perch by the ocean counting the whales and icebergs

that dot the horizon. All outings can also be spent in the company of Community Hosts.

There is no need to dine alone every night... unless that is the preference. There is always a communal supper table to join. Evenings can be spent relaxing by a roaring woodstove engrossed in a book, or honing new skills under the watchful eye of a master quilter or tart maker. Of course, the rooftop sauna and hot tubs await, providing the ultimate venue for unwinding in indulgent seclusion.

*To reserve, call International Reservations at **+1 709 658 3444**, US & Canada Reservations at **+1 855 268 9277**, or email [reservations@fogoislandinn.ca](mailto:reservations@fogoislandinn.ca)*  
Single occupancy rates are always less, never more than a couple or a crowd.

**Sample Three-Night Itinerary**  
**(Includes all meals, a choice of two Community Host orientations, and all land-based excursions.)**

**DAY 1**

**AFTERNOON**

Arrive on Fogo Island and allow the Island to start to reveal itself on the 30-minute drive through outpost communities as you make your way off to your refuge, Fogo Island Inn.

**SUPPER**

Supper served in the Dining Room, at the bar, or in your room. Dine on the abundant offerings brought to our shores by the Labrador Current, and partake in the company of others, should you choose.

**EVENING**

After supper, unwind in our wood-fired sauna or hot tubs in quiet solitude, or take in a film at the Inn's Cinema.

## DAY 2

### DAYBREAK

Wake up and meet the day with a special surprise just outside your door—a Daybreak Tray featuring tea or coffee and fresh pastries. Linger.

### 7-10AM

Breakfast is served in the Dining Room at your leisure.

### 10AM

Meet your Community Host in the Lobby for your Island Orientation. Be prepared for fresh perspectives and insights, stories and laughter during your half-day outing. Allow yourself to be oriented to this “salty Narnia” by the people of the place, who have retained their wild heritage as well as their intellectual heritage; whose sense of self comes from a deep historical sense of landscape and seascape; people who are profoundly at home on this “edge of the known.”

### DINNER (LUNCH)

Lunch served back at the Inn in the Dining Room.

### AFTERNOON

Make your way to the community of Fogo to hike up Brimstone Head—one of the four corners of the Earth according to the Flat Earth Society.

Or, during colder months, embark on an inland excursion via snowshoe or snowmobile, keeping eyes keen for roaming herds of caribou and snowbirds amidst pristine white snowscapes.

**SUPPER**

Supper is served at your leisure back at the Inn.

**EVENING**

Relax in the heritage Library or be transported by a favourite film in the in-house 37-seat Cinema before surrendering to the quiet comforts of your room.

**DAY 3**

**DAYBREAK**

Meet another day with your Daybreak Tray. Ease into the morning gradually.

**7-10AM**

Breakfast at your leisure in the Dining Room.

**10AM**

Embark on a coastal hike to Joe Batt's point, past the Fogo Island Arts Long Studio, and culminating in a visit to the Great Auk. This bronze statue's symbolic perch is an excellent place to close your eyes in wonder and respect for the savage sea and observe a personal requiem for this now-extinct bird. Fogo Island's climate, strongly defined by the cold arctic Labrador Current, is host to both abundance and hardship. A hike over this terrain offers the opportunity to explore a seemingly fragile yet truly resilient landscape of plants more akin to those of the subarctic.

**DINNER  
(LUNCH)**

Lunch served back at the Inn in the Dining Room.

**AFTERNOON**

Let the direction of the wind help you decide where to go, in the company of a Community Host or solo; amble along Lion's Den trail which follows the coastline through the abandoned communities of Eastern Tickle and Lion's Den.

**LATE AFTERNOON**

When your adventure is complete, return to your home base to conclude a relaxing evening at the Inn. If you choose, schedule a crafting or art workshop with one of the Island's master quilters or resident artists.

**EVENING**

Supper is served in the Dining Room at your leisure, as the culinary team led by Jonathan Gushue prepares a menu inspired by the seasonal tastes of the outport terroir. Everything coming out of the kitchen is intended to feed more than your hunger.

**DAY 4**

**DAYBREAK**

Enjoy your Daybreak Tray placed just outside your door.

**7-10AM**

Breakfast at your leisure in the Dining Room.

**DEPARTURE**

Depart Fogo Island Inn for the journey homewards.

Contact

For Further Information:

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